



This 3 ½ hour course includes

- Introduction to the different regulations.
- How a driver works out which regulations are relevant to them
- Exemptions and derogations, both for EU and for GB regulations
- GB domestic hours regulations, including how these differ and relate to EU hours
- EU drivers hours regulations
- Maximum driving and working periods, breaks & rest periods, rules regarding multi-manning operations and ferry / train rules.
- Travelling time and emergency, unforeseen, situations.
- Working time regulations, reference periods, collective workforce agreements, periods of availability
- Night work, maximum hours for night workers, collective workforce agreements and health checks.
- Period of availability, including what does and does not count as a period of availability
- Occasional workers and selection of the correct modes for working, rest, POA.

The course includes practical exercises and confirmation quiz sheets

